



# HUMANS IN MOTION CATERING

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## HUMANS IN MOTION CATERING

### *Breakfast*



#### **Hot breakfast**

**Savoury croissant** filled with double smoked leg ham and Swiss cheese or mushrooms, feta and rocket

**Toasted Turkish roll** filled with a choice of ham, tomato and gruyere cheese or tomato, spinach and cheddar cheese

**Hot pancakes** served with maple syrup, fresh berries and whipped cream



**French omelette** filled with bacon, tomato, potato, mushrooms, cheddar cheese and spring onion

**Mini quiche** with roasted Spanish onion, sautéed mushrooms, Kalamata olives and roasted capsicum

#### **Cold breakfast**



**Mini croissants** with almond, chocolate or traditional served with fruit preserve and whipped butter

**Chia seeds** soaked in coconut milk and topped with seasonal fresh fruit served in an individual cup

**Granola** with Greek yoghurt, berries, sunflower and pumpkin seeds, white seeds, sultana and Manuka honey

**Crunchy pastry tart** with caramelised leek and goat cheese



**Fruit platter** of fresh seasonal fruits – perfect for self-serve on individual bamboo skewers

*Please contact us for pricing*



## HUMANS IN MOTION CATERING

### *Cakes and pastries*



#### **Scones**

An assortment of traditional and sultana scones freshly baked and served with strawberry jam and whipped cream

#### **Mini doughnuts**

With fillings that may include strawberry, apple, apricot and Nutella



#### **Slices**

A mix of old fashioned favorites and new temptations such as brownies, lemon and coconut, wild berry nougat

#### **Tarts**

Crunchy pastry tarts filled with a variety of fillings



#### **Mini muffins**

Muffins in a range of popular flavours, served cut into two pieces

#### **Flourless orange cake**

Served with a dusting of confectioners' sugar, a fluffy dollop of whipped cream or a scoop of vanilla ice cream



#### **Apple pie**

Served with whipped cream or ice cream on top

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## HUMANS IN MOTION CATERING

### *Buffet*



#### **Braised beef stroganoff**

Tender beef strips, mushrooms and wine finished with sour cream, pickled cucumber and creamed potatoes

#### **Spinach and Ricotta Ravioli**

Tossed through tomato sauce, green olives, crumbled ricotta and toasted pine nuts



#### **Salmon fillet**

Fillets of marinated salmon oven baked on braised fennel, green peas, crushed potatoes and lemon caper butter

#### **Lamb**

Grilled lamb cutlets with saffron, apricots and legumes served with orange and pistachio couscous with a hint of coriander



#### **Lemon scented chicken**

Roasted lemon and thyme scented chicken pieces served with crisp roasted rosemary and garlic potatoes, steamed seasonal greens

#### **Green salad**

Seasonal greens with apple and maple balsamic vinaigrette



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